

Rank	Change	Podcast	Network	Sales representation	Monthly listeners	Monthly downloads	New episodes
1	+1	The Mike Hosking Breakfast	NZME / iHeartRadio / ARN	NZME	110,097	816,620	186
2	+1	Fletch, Vaughan & Hayley on ZM	NZME / iHeartRadio / ARN	NZME	99,953	364,900	27
3	+2	Casefile True Crime	Audioboom	NZME	80,684	206,512	6
4	-	Stuff You Should Know	NZME / iHeartRadio / ARN	NZME	74,538	502,360	22
5	+1	The Leighton Smith Podcast	NZME / iHeartRadio / ARN	NZME	68,389	159,613	5
6	-5	Heather du Plessis-Allan Drive	NZME / iHeartRadio / ARN	NZME	54,093	396,279	316
7	-	The Matt & Jerry Show	NZME / iHeartRadio / ARN	NZME	52,737	261,221	45
8	-	No Such Thing As A Fish	Audioboom	NZME	45,127	146,009	4
9	+16	Hamish & Andy	LiSTNR (SCA)	LiSTNR (SCA)	44,913	121,516	5
10	-1	Crime Junkie	audiochuck	SXM Media	42,303	126,728	5
11	+2	The Hauraki Big Show	NZME / iHeartRadio / ARN	NZME	31,143	132,715	44
12	-	The Morning Rumble Catchup	MediaWorks Radio Limited	MediaWorks Radio Limited	29,477	76,302	31
13	+1	On Purpose with Jay Shetty	Stitcher Media	SXM Media	29,093	95,992	8
14	-3	My Favorite Murder with Karen Kilgariff and Georgia Hardstark	Stitcher Media	SXM Media	27,837	97,846	8
15	+1	Morbid: A True Crime Podcast	Audioboom	NZME	26,052	75,744	9
16	-6	Early Edition with Kate Hawkesby	NZME / iHeartRadio / ARN	NZME	23,630	100,763	94
17	+20	The Kyle & Jackie O Show	NZME / iHeartRadio / ARN	NZME	20,257	65,349	116
18	+1	99% Invisible	Stitcher Media	SXM Media	19,959	57,785	6
19	-1	Jase & Lauren	NZME / iHeartRadio / ARN	NZME	19,126	218,290	90
20	-	Freakonomics Radio	Stitcher Media	SXM Media	19,067	62,426	5
21	+45	Between Two Beers Podcast	NZME / iHeartRadio / ARN	NZME	18,252	29,417	6
22	-5	Behind the Bastards	NZME / iHeartRadio / ARN	NZME	17,513	55,514	14
23	-8	She's On The Money	NZME / iHeartRadio / ARN	NZME	17,358	78,704	14





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24	-1	IMPAULSIVE	Kast Media	Kast Media	17,275	31,617	6
25	-4	The Mindset Mentor	Kast Media	Kast Media	17,217	78,019	23
26	+1	The Re-Wrap	NZME / iHeartRadio / ARN	NZME	16,652	37,613	23
27	-3	Super Soul	Stitcher Media	SXM Media	15,810	59,982	6
28	-2	The Country	NZME / iHeartRadio / ARN	NZME	15,137	133,088	141
29	-1	Hidden Brain	Stitcher Media	SXM Media	14,871	49,801	5
30	-8	Life Uncut with Brittany Hockley and Laura Byrne	NZME / iHeartRadio / ARN	NZME	13,689	43,002	13
31	Debut	Grey Areas with Petra Bagust	MediaWorks Radio Limited	MediaWorks Radio Limited	12,415	19,261	5
32	-2	Last Podcast On The Left	Stitcher Media	SXM Media	12,334	48,056	9
33	-1	Mai Morning Crew Catchup Podcast - Mai FM	MediaWorks Radio Limited	MediaWorks Radio Limited	12,042	28,763	23
34	Debut	The Front Page	NZME / iHeartRadio / ARN	NZME	12,035	21,038	14
35	-1	Conan O'Brien Needs A Friend	Stitcher Media	SXM Media	11,532	34,480	9
36	+3	Ologies with Alie Ward	Stitcher Media	SXM Media	11,406	30,359	5
37	-4	The Agenda	NZME / iHeartRadio / ARN	NZME	11,298	33,335	7
38	-9	Toni and Ryan	NZME / iHeartRadio / ARN	NZME	11,012	38,564	18
39	-1	2 Bears, 1 Cave with Tom Segura & Bert Kreischer	Stitcher Media	SXM Media	10,512	18,704	4
40	+15	The Tiny Meat Gang Podcast	Audioboom	NZME	9,864	27,820	5
41	+1	RedHanded	Audioboom	NZME	9,843	29,821	6
42	+7	It's A Lot with Abbie Chatfield	LiSTNR (SCA)	LiSTNR (SCA)	9,757	24,589	9
43	+5	The Rock Drive Catchup Podcast	MediaWorks Radio Limited	MediaWorks Radio Limited	9,713	27,949	40
44	Return	Cautionary Tales with Tim Harford	NZME / iHeartRadio / ARN	NZME	9,699	21,437	4
45	+9	The Edge Breakfast Catchup	MediaWorks Radio Limited	MediaWorks Radio Limited	9,421	48,218	77
46	-5	Kerre McIvor Mornings Podcast	NZME / iHeartRadio / ARN	NZME	9,420	27,502	26





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47	-16	Stuff They Don't Want You To Know	NZME / iHeartRadio / ARN	NZME	9,246	46,649	25
48	-5	Office Ladies	Stitcher Media	SXM Media	8,995	23,730	5
49	-2	A Moment In Crime	NZME / iHeartRadio / ARN	NZME	8,718	18,314	2
50	+30	F1: Beyond The Grid	Audioboom	NZME	8,579	19,252	7
51	+19	The BYC Podcast	NZME / iHeartRadio / ARN	NZME	8,035	19,511	16
52	-7	WTF with Marc Maron Podcast	Stitcher Media	SXM Media	8,004	27,925	9
53	-7	ZM's Bree & Clint	NZME / iHeartRadio / ARN	NZME	7,650	32,667	23
54	-3	Cooking the Books with Frances Cook	NZME / iHeartRadio / ARN	NZME	7,586	21,310	2
55	-5	Zane and Heath: Unfiltered	Audioboom	NZME	7,350	17,355	4
56	-4	Saturday Morning with Jack Tame	NZME / iHeartRadio / ARN	NZME	7,130	24,292	52
57	+7	Dark History	Audioboom	NZME	7,104	17,735	5
58	+4	Revisionist History	NZME / iHeartRadio / ARN	NZME	7,071	17,272	1
59	+18	Canterbury Mornings with John MacDonald	NZME / iHeartRadio / ARN	NZME	6,882	11,466	27
60	-24	The Happiness Lab with Dr. Laurie Santos	NZME / iHeartRadio / ARN	NZME	6,815	18,915	1
61	-5	Something Was Wrong	audiochuck	SXM Media	6,712	19,971	6
62	-1	Lore	NZME / iHeartRadio / ARN	NZME	6,654	28,905	4
63	-5	This Past Weekend	Kast Media	Kast Media	6,599	14,153	6
64	-20	It Could Happen Here	NZME / iHeartRadio / ARN	NZME	6,564	21,234	27
65	+6	Anatomy of Murder	audiochuck	SXM Media	6,495	17,221	5
66	-31	The Diary Of A CEO by Steven Bartlett	Audioboom	NZME	6,424	14,035	14
67	-7	Murder, Mystery & Makeup	Audioboom	NZME	6,358	14,110	5
68	-9	The Fighter & The Kid	Kast Media	Kast Media	6,206	14,229	10
69	-1	I Don't Know About That	Kast Media	Kast Media	6,015	12,825	9





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70	-5	The Daily Show With Trevor Noah: Ears Edition	NZME / iHeartRadio / ARN	NZME	6,008	46,898	29
71	+4	Your Mom's House with Christina P. and Tom Segura	Stitcher Media	SXM Media	5,781	13,218	5
72	+2	Nothing much happens; bedtime stories to help you sleep	Stitcher Media	SXM Media	5,764	22,276	4
73	-20	Stuff You Missed in History Class	NZME / iHeartRadio / ARN	NZME	5,641	93,837	18
74	+4	StarTalk Radio	Stitcher Media	SXM Media	5,525	16,761	7
75	-12	Fake Doctors, Real Friends with Zach and Donald	NZME / iHeartRadio / ARN	NZME	5,428	15,432	7
76	+10	The Rise & Conquer Podcast with Georgie Stevenson	NZME / iHeartRadio / ARN	NZME	5,416	17,550	5
77	-5	The MeatEater Podcast	NZME / iHeartRadio / ARN	NZME	5,348	11,935	9
78	-5	Two Hot Takes	Audioboom	NZME	5,124	10,363	5
79	-12	Stuff To Blow Your Mind	NZME / iHeartRadio / ARN	NZME	4,989	41,603	28
80	Return	Mad Monday	NZME / iHeartRadio / ARN	NZME	4,843	10,262	7
81	+8	Murder With My Husband	NZME / iHeartRadio / ARN	NZME	4,751	12,090	4
82	Return	F1 Nation	Audioboom	NZME	4,606	7,731	4
83	-7	This Is Important	NZME / iHeartRadio / ARN	NZME	4,566	11,257	5
84	+10	Eckhart Tolle: Essential Teachings	Stitcher Media	SXM Media	4,546	12,841	5
85	+5	Newstalk ZBeen	NZME / iHeartRadio / ARN	NZME	4,524	13,153	23
86	-7	The Deck	Stitcher Media	SXM Media	4,521	8,787	5
87	-3	No Stupid Questions	Stitcher Media	SXM Media	4,517	10,344	4
88	+4	Marcus Lush Nights	NZME / iHeartRadio / ARN	NZME	4,490	18,880	24
89	-2	True Crime Garage	Stitcher Media	SXM Media	4,459	14,180	8
90	Return	Triple M Rocks Footy NRL	LiSTNR (SCA)	LISTNR (SCA)	4,340	22,740	104
91	-9	Joel Osteen Podcast	NZME / iHeartRadio / ARN	NZME	4,332	35,665	27
92	+1	Jono & Ben - The Podcast	NZME / iHeartRadio / ARN	NZME	4,332	16,927	24





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93	-36	The Sunday Session with Francesca Rudkin	NZME / iHeartRadio / ARN	NZME	4,155	9,861	50
94	+1	The OneRoof Radio Show	NZME / iHeartRadio / ARN	NZME	4,148	6,933	4
95	+5	The Schaub Show	Kast Media	Kast Media	4,136	8,879	11
96	-27	Deep Cover: Mob Land	NZME / iHeartRadio / ARN	NZME	4,079	9,612	3
97	Return	On The Front Foot	NZME / iHeartRadio / ARN	NZME	4,017	8,812	5
98	Return	The Art of Manliness	Stitcher Media	SXM Media	3,978	14,708	9
99	Return	Small Town Murder	Stitcher Media	SXM Media	3,976	9,541	5
100	-12	I Weigh with Jameela Jamil	Stitcher Media	SXM Media	3,962	9,040	4



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POWERED BY TRITON DIGITAL'S PODCAST METRICS

Triton Digital's Podcast Metrics measurement service is certified by the IAB Tech Lab as complying with Version 2.1 of the IAB Podcast Measurement Technical Guidelines.

ABOUT THE NEW ZEALAND PODCAST RANKER

The New Zealand Podcast Ranker lists the Top 100 podcasts from participating networks that are consumed by listeners located in New Zealand.

The Top Network list ranks the top participating networks in New Zealand, consumed by listeners located in New Zealand. Additional networks will join in future releases.

The New Zealand Podcast Ranker is based on a calendar month reporting period. The entities listed are ranked by Monthly Listeners in accordance with the latest IAB Podcast Technical Measurement Guidelines. If you wish to sort by downloads, you can click on the "Downloads" column to re-sort amongst the existing data.

For podcasts with multiple categories in the RSS feed, we display and filter by only the first category.

The Ranker includes the participation of the following networks and sales representation: Audioboom, Brodie Kane Media, LiSTNR (SCA), NBCUniversal News Group, Nova Entertainment, NZME/iHeartRadio/ARN, rova (MediaWorks), SiriusXM Podcast Network.

METRIC DEFINITIONS

- * Listeners A 'listener' is a single user who downloads content for either immediate or delayed consumption. Listeners are identified by a combination of IP address and user agent in accordance with the IAB filtering rules described in the IAB Podcast Measurement Technical Guidelines v2.1.
- * Downloads A 'download' is a unique file request that was downloaded. Downloads include complete file downloads, progressive downloads, as well as partial downloads in accordance with the IAB Podcast Measurement Technical Guidelines v2.1 filtering rules (i.e. spiders and bots, data centers, one-minute of content minimum download, etc.). This process filters multiple requests from the same IP address, user agent, episode and date.
- * Network An entity that represents a group of podcasts that it either commissions, produces itself or acts as the primary representative for that content in New Zealand.
- * Rank
- * "Debut" indicates that the show is new to the ranker, making its debut for the first time in the last 13 months.
- * "Return" indicates that the show has returned to the Top 100 after having not appeared in the previous reporting period(s).

